Chapter III of Laudato Si'
Some resources:

1. Have you watched the Film 'The Letter'? If not, here is a link on You Tube https://www.youtube.com/watch?v=Rps9bs85BII

2. Here is a You Tube video on Technology which is changing our lives – Is this the future we want? What is your reaction to the Video? https://www.youtube.com/watch?v=TxRIdL2CDBk or https://www.youtube.com/watch?v=uStFvcz9Or4

3. Suggested Timetable:

11.00 Listen to the Talk

11.30 Break for Coffee

11.45 Read Pope Francis' whole chapter 3

13.00 Break for lunch

14.00 Walk or Gardening or snooze

15.00 Watch the Letter on You Tube

16.30 Break for Tea

17.00 Watch some of the other You Tube resources. Some Reflections about Technology it's advantages and disadvantages for the future.

18.00 Vespers from the Abbey

Thank you for listening and reflecting!